



Winter Carnival

Invitational 2012



Girls Competition Schedule - FINAL

January 7 – 8, 2012

All girls' sessions will be modified capital cup

Session 1 Girls Level 4: (90)

Atlantic, RISE, Gym-Ken, Phantom, NEGTC, A2, Tri Star

Saturday 1/7/12	(Modified Capitol Cup)
Check In	: 7:45 a.m.
Stretch:	8:00 a.m.
Timed Warm-up:	8:15 a.m.
March-in:	8:30 a.m.

Session 2 Girls Level 4: (90)

American, Flipz, Leaps N Bounds, Andy Valley, Spectrum, Nashua, Springers, Ghitas, Top Gun, Saco Valley, Gym Village, GBC

Saturday 1/7/12	(Modified Capitol Cup)
Check In:	10:30 a.m.
Stretch:	10:45 a.m.
Timed Warm-up:	11:00 a.m.
March-in:	11:15 a.m.

Session 3 Girls Level 5: (70)

Kellys, American, Flipz, Andy Valley, Top Gun, Springers, Spectrum, Leaps N Bounds, Gym Village, Tri-Star, Nashua, GBC

Saturday 1/7/12	(Modified Capitol Cup)
Check In:	1:15 p.m.
Stretch:	1:30 p.m.
Timed Warm-ups:	1:45 p.m.
March-in	2:00 p.m.

Session 4 Girls 5: (72)

Atlantic, Gym-Ken, Voters, Phantom, A2, RISE, Dynamite, NEGTC, NHAAG

Saturday 1/7/12	
Check In:	4:00 pm
Stretch:	4:15 p.m.
Timed Warm-ups:	4:30 p.m.
March-in:	4:45 p.m.

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Session 5 Girls Level 6: (85)

Saturday 1/7/12

Check In:	6:30 p.m.
Stretch:	6:45 p.m.
Timed warm-up:	7:00 p.m.
March-in:	7:15 p.m.

Session 6 Girls: Level 8-10 (60)

Sunday 1/8/12

Check In:	7:30 a.m.
Stretch:	8:00 a.m.
Timed Warm-ups:	8:15 a.m.
March-in:	8:40 a.m.

Session 7 Girls: Level 7 (76)

Sunday 1/8/12

Check In:	10:45 a.m.
Stretch:	11:00 a.m.
Timed Warm-up:	11:15 a.m.
March-in:	11:35 a.m.

Session 8 Girls Prep Opt Rookie: (60)

Sunday 1/8/12

Check In:	1:45 p.m.
Stretch:	2:00 p.m.
Timed warm-up:	2:15 p.m.
March-in:	2:25 p.m.

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Session 9 Girls: Prep Opt Novice, Advanced and Superior: (72)

(Modified Capitol Cup)

Sunday 1/8/12

Check In: 3:45 p.m.

Stretch: 4:00 p.m.

Timed Warm-up: 4:15 p.m.

March-in: 4:35 p.m.

Session 10 Girls: Prep opt Intermediate (75)

Sunday 1/8/12

Check In: 6:15 p.m.

Stretch: 6:30 p.m.

Timed Warm-up: 6:45 p.m.

March-in: 7:00 p.m.

NOTE: All girls' sessions will be held at

Cooperative Middle School (CMS)

100 Academic Way

Stratham, NH 03885



Winter Carnival
Invitational 2012

Boys Competition Schedule-FINAL
January 8, 2011

Session 1- Boys Level 4 & 5 (Traditional)

Sunday 1/8/11

Open Stretch:	8:00 a.m.
Timed Warm Ups:	8:30 a.m.
March In:	10:00 a.m.

Session 2 - Boys Level 6 - 10 (Modified capital cup)

Sunday 1/8/11

Open Stretch:	1:15 p.m.
Timed Warm Ups:	1:45 pm
March In:	2:10 p.m.

Please Note: Boys Meet will be held at our facility:

Gymnastics at Brentwood Commons
112 Crawley Falls Road
Brentwood, NH 03833
(603) 642-7200